Mexico is a country full of magic and mysteries for discovering in its life interpretation and its healing forms.

CASA HOLISTICA SOL selects the best products such as essential oils, herbs and natural plants extracts, for integrating a perfect combination of plants and therapy.

Massage is probably one of the oldest methods of Art Healing. Today, for its therapeutic results, it is considered a powerful method for combatting the stress of modern day living, and is the medium with which to replace tension and illness with optimum health and vibrant energy.

THE MAGIC OF MASSAGE IS A GIFT (great natural ability) IN EVERY SENSE OF THE WORD. The magic essence depends on the ability of the therapist or masseuse to channel the vital forces flowing through your body and provide you with better awareness, force and a renew energy in all that you do. Massage relieves physical and mental fatigue, back, neck, shoulder pain, etc., and promotes circulation of the blood and lymphatic fluids, vital fluids that when they are stimulated, will increase circulation and supporting healthy pathology, youthfulness and radiance.

MISSION

To make your stay at CASA HOLISTICA SOL deeply beneficial, providing you with the all of the relaxation and pleasure possible in order to renew your body, mind and spirit.

Casa Holística Sol

... the house with spirit of light



Therapist Masseuse: Sra. Lucero Owner

> Appointments 01 315 355 5135 v 315 100 2817

Frente Capitanía del Puerto.



SAN LUCAS No. 64 FRACC. PUEBLO NUEVO (frente a la Capitanía del Puerto) BARRA DE NAVIDAD, JAL.

> Your different and intellingent choice !!!!

www.casaholisticasol.com.mx luceroluz@casaholisticasol.com.mx



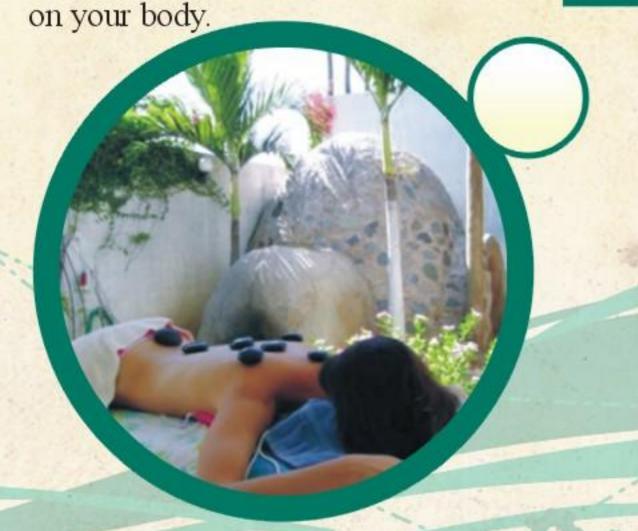
lasagges

Short and Effective 30 Mins. 25. dlls Neck, shoulders and head. Prize for your feet Reflexology 30 Mins. 25. dlls Super-Relax from the House Caress and gift to your body 45 Mins. 40. dlls Lymphatic Drainage Light but Effective elimination of toxins 60 Mins. 75. dlls Special of Casa Holistica Sol Therapeutic, Energetic and 50. dlls 60 Mins. healing mass. Ancestral Massage, the deepest level of relaxation

70. dlls

70 Mins.

60 Mins. 70. dlls



Using hot and cold stones.

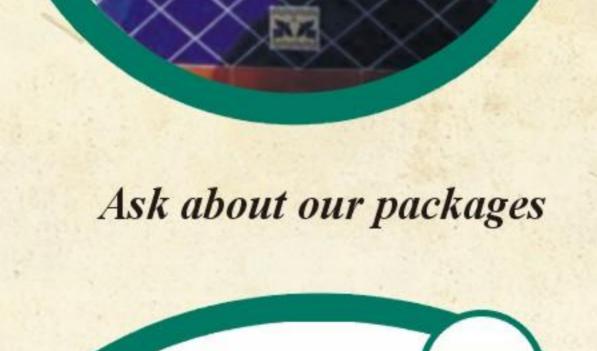
Gift and Luxury for your

The harmony of four hands

"ALTER-EGO"

MENU OF SERVICES







Exfoliations

Indigenous

Therapeutic and healing, using mud, amaranth seeds, and corn meal.

Tropical

Moisturizing and nutritive using fruit and honey.

Azteca, speciality of the House Stimulating the production of endorfins, it is antioxidant and relaxing, using chocolate-therapy.

Luxurious Super-Facial

Deep cleansing and moisturizing using mud and fresh fruit.

For your Spirit

We offer bathing under with flowers and essential oils.





TEMAZCAL

(Each one)

The legacy of our Prehispanic Culture for the Mexican Traditional Medicine. It is a steambath with some plants. (price per person) CHI MACHINE

Cellular oxigenation.

Pedicure and Manicure Advance request please.

10. dlls 30 Mins.

15. dlls

40. dlls

40. dlls

40. dlls

40. dlls

40. dlls